

1st Step



2nd Step



3rd Step

Objective

Get to Know Yourself

Set Your Priorities

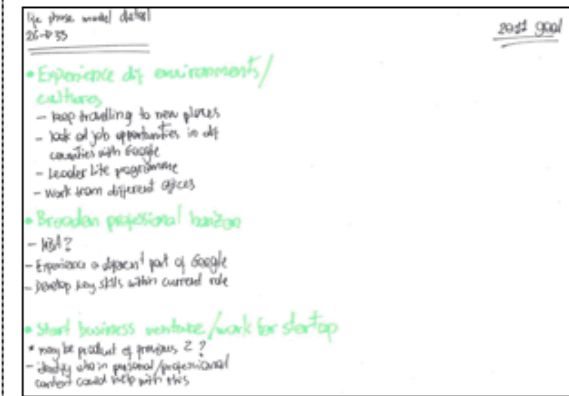
Craft Your Next Steps

Outcome

Life-Map

Life-Cycle Model

Written Next Steps



Support

Your Challengers & Exercises in Appendix 1

Your Challengers

Your Challengers, Family, Friends, Peers, Co-Workers...

→ time